

Team Refocus and Strategising

Aim

This workshop has been designed as a one-day teambuilding, yet customer-orientated workshop. Its main aim is to provide motivation to the team, whilst simultaneously addressing solutions needed to work related challenges.

About this Course...



To provide motivation to the team whilst simultaneously addressing solutions needed to work related challenges



Who Should Attend this Course?

This course will benefit all staff - best attended by teams.

| SAQA US ID | NQF LEVEL | CREDITS | US TITLE |
|------------|-----------|---------|----------|
| N/A | | | |

The unit standards above are an indication of the content of the workshop. Our workshop theories are designed to include the outcomes recommended by SAQA US IDs.

Duration: 1-Day

Content

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| The Common Goal for the Day | <ul style="list-style-type: none"> • Putting the FUN back into our lives and work • Unpacked and visually represented by the delegates |
| Emotional Intelligence | <ul style="list-style-type: none"> • What it is? • How it impacts on our lives and those around us leading to personal growth and increased productivity • The two basic emotions as a tool for understanding ourselves and others – our purpose in life remembered • Use of a polarity map as a decision making and motivational tool |
| The Enneagram | <ul style="list-style-type: none"> • An introduction to the enneagram • Identifying yourself and experiencing the beauty of each individual's gift • Our core motivations, our core fears, our core gifts and how we show up in the world • Using the ennea lines to relax, motivate us and help us with solving problems • Reach for the stars, or rather – hunt for the stars! • Each person must find two stars of his own with two different people and must be able to list at least five different aspects of his/her experience with the different ennea type |
| Quick Drill Downs and Five Whys | <ul style="list-style-type: none"> • To walk away with specific goals to address in order to ensure that we remain focussed on self-motivation and self-fulfilment |
| Understanding How Important Your Team is to You and Your Worth to Them | <ul style="list-style-type: none"> • Illustrated by playing a ball game |
| Understanding Your Role in the Organisation | <ul style="list-style-type: none"> • Illustrated by playing a game similar to Jenga |

