



Self-Mastery through the Enneagram

Course Outline



Your business outcomes are our priority. Proving impact in real time.

Aim

This workshop is SACE accredited and carries 10 PDP points. It is ideal for individuals or for departments, designed to improve our levels of Self Mastery and consequently improve stress management, our natural leadership skills and conflict handling. This workshop provides a framework for knowing your team and using the natural gifts and strengths in the team to their fullest potential.

The Enneagram is a universally recognised tool. Making use of pre-workshop individual questionnaires, and in some instances team reports our accredited facilitators are able to assist the delegates with the knowledge of personal and team strengths and weaknesses, behaviours and interactions that can lead to realisation of potential and minimising of weaknesses.

This highly acclaimed development tool has been used to good effect in many of our leading global organisations. The workshop has the effect of being highly motivational.

Please note: This workshop can be done with or without Enneagram Reports.

About this Course...

My life will forever be defined as life before the Enneagram and life after...this is the best thing I ever did for myself. How can we make it compulsory for all adults to do this workshop on their 21st birthdays?!

– Kim

Who Should Attend this Course?

This course is for educators at all levels.

Outcome

Improved self-knowledge, improved knowledge and empathy for others, personal mastery, improved teamwork, better decision making.

SAQA US ID	NQF LEVEL	CREDITS	US TITLE
264975	4	8	Facilitate Learning in a Community context

The unit standards above are an indication of the content of the workshop. Our workshop theories are designed to include the outcomes recommended by SAQA US IDs.

Duration: 9 Hours

Content

Topic	What You Will Learn
Pre-workshop Questionnaire	• There are 2 pre-workshop questionnaires. • The first is a coaching questionnaire that helps the delegate to establish their personal goals for doing the workshop. • The second is uniquely designed to highlight Ennea Types, subtypes, lines of development, Tri-types and stress and strain profiles. Strengths, areas of development and preferred conflict handling modes are identified along with habitual behaviour responses in times of duress. Countertypes and wings are identified as well. This invaluable report forms the basis for the Enneagram learning and our statistics are showing remarkable accuracy rates, based upon the delegates' feedback. The report takes between 40 and 60 minutes to complete and is designed at South African NQF level 4 English (matric). • A second option is available for those who would prefer to complete the Enneagram in the narrative style.
Introduction to the Enneagram Behaviours, Motivations and Fears	• Each number is discussed in-depth, with video clips, interviews and one-on-one exercises to further help strengthen and deepen empathy and understanding of our peers
Individual Strengths, Areas of Development, Unexplored Opportunities and Zones of Discomfort	• For each Enneagram type we highlight the world view, the virtue and the gifts that individuals bring to the table, this exercise is particularly powerful in helping us work to our strengths and recognise the strengths of others
The Team Profile and How to Interpret It	• Each team has a unique team profile that can be calculated through mathematical aggregation or through narrative process of elimination. We allow for the individuals to expand on their profiles and interpret the team dynamics through this process. • The team report is an add-on and only completed for teams specifically requesting it.

Optional Purchases

When ROI and Implementation Matter

At Staff Training, we understand that each individual and/or organisation has unique needs and goals. We have developed a range of valuable, but optional purchases to maximise your training outcomes:

SETA Accredited Training Options

Most of our workshops are aligned with SETA Accredited unit standards, or you can opt for the fully accredited version of your workshop choice. This includes a certificate of competence when successfully completed. All other certificates are certificates of attendance.

The Afterburner

Afterburners are additions to selected workshops. These continued learning courses include a re-cap of material covered during the workshop and continue to expand on both knowledge and skills development for the workplace.

Skills Check

Skills Checks are extremely useful in the measurement of ROI of soft skills training. This tool is structured to help the learner improve on the implementation of new skills through a goal-driven process of accountability and reflection.

LevelUp Coaching

A 2-hour, one-on-one coaching option for those who would like to address and build on the knowledge they gained during training. Converting theory into practice under the tutelage of an experienced coach.

PowerPath Coaching

A powerful investment into your future leaders. One-on-one leadership coaching with the globally acclaimed Enneagram as the self-mastery tool.

Staff Training is an accredited IEQ9 Provider. Our Enneagram offerings include a SETA Accredited version of a leadership development workshop as well as an emotional intelligence and Enneagram combination. You can also explore our specialist hybrid offerings of workshops and coaching below.

<u>Enneagram Group Coaching Journey</u>	<u>Enneagram: Insight to Action</u>
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