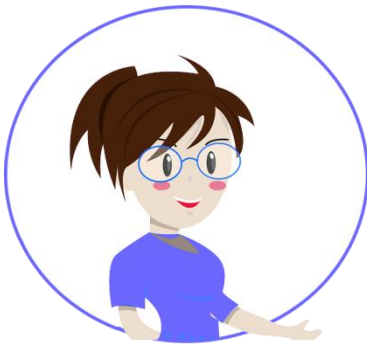


# Power Session: Intro to Change

## Aim

To understand the importance of the role change plays and how to strategically manage and introduce change in an organisation. Ineffective change management leads to a breakdown of strategy which in turn impacts negatively on the outcome. For effective results the specific circumstances that go along with change need to be identified, understood and effectively addressed.

## What Others Had to Say About this Course...



*As usual I am taking home so much to work with. Thank you for making it so relevant to my organisation. Cecil – SA Metal*

## Who Should Attend this Course?

This course will benefit emerging and seasoned Supervisors, Managers, and Leaders.

## Outcome

The delegate will be able to demonstrate and implement a better-planned and formalised way forward, managing change whilst retaining and/or increasing productivity.

**Duration: 3-Hours**

## Content

Definitions of:	<ul style="list-style-type: none"> <li>• VUCA conditions</li> <li>• Change</li> <li>• Change Management</li> <li>• Change Process</li> <li>• Employee Wellness</li> </ul>
The Nature of Change – what to expect	<ul style="list-style-type: none"> <li>• Approaching change from an organisational change perspective</li> <li>• Approaching change from a team change perspective</li> <li>• Approaching change from an individual perspective</li> </ul>
Reactive and Proactive Change	<ul style="list-style-type: none"> <li>• The difference between reactivity and pro activity to change</li> </ul>
The Individuals' Process of Resistance to Change	<ul style="list-style-type: none"> <li>• The filter of the mind</li> <li>• How our perceptions are formed</li> <li>• How we behave when faced with change</li> <li>• Top 10 Reasons for resistance to change</li> <li>• Identifying behaviours</li> </ul>
The learning matrix, the importance of collaboration and communication	<ul style="list-style-type: none"> <li>• We don't know what we don't know</li> <li>• We do know what we don't know</li> <li>• We do know what we know</li> <li>• We don't know what we know</li> </ul>