



GBV and AIDS Awareness (Half-Day)

Course Outline



Your business outcomes are our priority. Proving impact in real time.

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Aim

This workshop aims to inform the delegates about both GBV and HIV/AIDS, enabling frank discussions. It aims to illustrate the stages of HIV/AIDS and how to mitigate personal risks and/or use the knowledge to support a loved one and/or colleague. It also addresses the second pandemic in South Africa being that of GBV and where these two subjects overlap. The workshop is presented in a non-invasive way with experienced facilitators.

About this Course...

Knowledge is Power and in some cases life. This workshop strives to enlighten.

Who Should Attend this Course?

This course will benefit all staff.

Outcome

The delegate will leave the workshop empowered with the knowledge on how to deal with HIV/AIDS on both a personal and work level.

SAQA US ID	NQF Level	Credits	US Title
13915	3	4	Demonstrate knowledge and understanding of HIV/AIDS in a workplace, and its effects on a business sub-sector, own organisation, and a specific workplace

The unit standards above are an indication of the content of the workshop. Our workshop theories are designed to include the outcomes recommended by SAQA US IDs.

Duration: ½-Day

Content

Topic	Key Learning Points
Understanding HIV/Aids	• How the disease operates • Practical understanding of how the disease is transmitted.
Signs and Symptoms of Aids	• What to look out for
Get Tested	• The practicalities and why we benefit from knowing our status. • Forgetting the shame – if our role models can deal with it, so can we.
Sexually Transmitted Diseases	• The role these play in the transmission of AIDS and their prevalence
Untrue Beliefs and Myths	• Busting the myths and stigma • Confidentiality and human rights in the workplace
ABC Rule	• The rule of thumb to prevent contracting HIV
Treatment	• Practicalities and realities • Supporting self and others • Living with HIV/AIDS and or a family member who has it.
Looking for Help	• What to do and how to access help
Definition of GBV	• What is the narrative all about? • Types of GBV (direct and indirect) • The difference between Gender and Sex • Understanding Socialisation and the cycle of abuse • Force, Violence and Power
Understanding The Role Substance Abuse Plays	• What is substance abuse and what role does it play in Violence? • Hurt People Hurt People, the cycle of abuse. • Helplines to Access
Involving SAPS and Justice	• How to successfully report a case • Roles and responsibilities of SAPS and Dept of Justice

Optional Purchases

When ROI and Implementation Matter

At Staff Training, we understand that each individual and/or organisation has unique needs and goals. We have developed a range of valuable, but optional purchases to maximise your training outcomes:

SETA Accredited Training Options

Most of our workshops are aligned with SETA Accredited unit standards, or you can opt for the fully accredited version of your workshop choice. This includes a certificate of competence when successfully completed. All other certificates are certificates of attendance.

The Afterburner

Afterburners are additions to selected workshops. These continued learning courses include a re-cap of material covered during the workshop and continue to expand on both knowledge and skills development for the workplace.

Skills Check

Skills Checks are extremely useful in the measurement of ROI of soft skills training. This tool is structured to help the learner improve on the implementation of new skills through a goal-driven process of accountability and reflection.

LevelUp Coaching

A 2-hour, one-on-one coaching option for those who would like to address and build on the knowledge they gained during training. Converting theory into practice under the tutelage of an experienced coach.

PowerPath Coaching

A powerful investment into your future leaders. One-on-one leadership coaching with the globally acclaimed Enneagram as the self-mastery tool.

Staff Training is an accredited IEQ9 Provider. Our Enneagram offerings include a SETA Accredited version of a leadership development workshop as well as an emotional intelligence and Enneagram combination. You can also explore our specialist hybrid offerings of workshops and coaching below.

[Enneagram Group Coaching Journey](#)[Enneagram: Insight to Action](#)