



Enneagram and Emotional Intelligence for Leaders

Course Outline



Your business outcomes are our priority. Proving impact in real time.

Aim

To empower and develop delegates and encourage their journey of self-mastery enabling them to exhibit Emotional Intelligence in their daily practices and competencies.

This is a practical and informative workshop that requires the delegate to fill in a pre-workshop questionnaire on the Enneagram Self-Mastery Tool. A component of this workshop is customised for each individual.

About this Course...

To empower and develop delegates and enable them to use their knowledge and skills on Emotional Intelligence, practically and effectively.

Who Should Attend this Course?

This course will benefit all Supervisors, Managers, Leaders, and Team Leaders.

Outcome

The content of this workshop would be useful to all delegates who work with people in their place of employment. It is a powerful workshop that teaches us to analyse the relationship between emotional intelligence, self-awareness and mindfulness, in relation to leadership and self-mastery. The outcome is that our communication becomes more authentic and honest and we are better equipped to handle conflict, difficult situations and tough discussions.

SAQA US ID	NQF LEVEL	CREDITS	US TITLE
120305	5	8	Analyse the role that emotional intelligence plays in leadership

The unit standards above are an indication of the content of the workshop. Our workshop theories are designed to include the outcomes recommended by SAQA US IDs.

Duration: 2-Days

Content

Topic	Details
Principles and Theory of Emotional Intelligence	All principles explained, relating to leadership, self-management and in relation to the theory of multiple intelligences
Principles of Emotional Intelligence in Practice	- Including attitudes, conflict handling (internal and external) communication, assertiveness, identifying stress and stressful behaviours. - The theme from this module runs throughout the workshop and is often referred back to
Enneagram Profiling and Analysis as an Assessment Instrument	- A coaching tool for self-awareness and self-mastery. - Understanding core motivations, values and fears. - Understanding the nine lenses of the world. - The enneagram is considered to be one of the best leadership and self-mastery tools in the world today - Our facilitators are accredited by the International Coaching Federation
Interpersonal Competencies at Work	- What do individuals respond well to? - How to deliver feedback both positive and negative? - Social and cultural awareness - The advantages of listening well
Knowing Ourselves	- Introduction to the enneagram which explains the history of the Enneagram and its function - Interpreting the enneagram - The nine different behaviour types
Recognising our Locus of Control	Responsibilities to self, others, organisation, community, and planet
Effective Communication and Feedback	- Providing feedback in an emotionally intelligent fashion - Ensuring maximum production using collaboration as opposed to instructional feedback to ensure maximum buy in

Optional Purchases

When ROI and Implementation Matter

At Staff Training, we understand that each individual and/or organisation has unique needs and goals. We have developed a range of valuable, but optional purchases to maximise your training outcomes:

SETA Accredited Training Options

Most of our workshops are aligned with SETA Accredited unit standards, or you can opt for the fully accredited version of your workshop choice. This includes a certificate of competence when successfully completed. All other certificates are certificates of attendance.

The Afterburner

Afterburners are additions to selected workshops. These continued learning courses include a re-cap of material covered during the workshop and continue to expand on both knowledge and skills development for the workplace.

Skills Check

Skills Checks are extremely useful in the measurement of ROI of soft skills training. This tool is structured to help the learner improve on the implementation of new skills through a goal-driven process of accountability and reflection.

LevelUp Coaching

A 2-hour, one-on-one coaching option for those who would like to address and build on the knowledge they gained during training. Converting theory into practice under the tutelage of an experienced coach.

PowerPath Coaching

A powerful investment into your future leaders. One-on-one leadership coaching with the globally acclaimed Enneagram as the self-mastery tool.

Staff Training is an accredited IEQ9 Provider. Our Enneagram offerings include a SETA Accredited version of a leadership development workshop as well as an emotional intelligence and Enneagram combination. You can also explore our specialist hybrid offerings of workshops and coaching below.

[Enneagram Group Coaching Journey](#)

[Enneagram: Insight to Action](#)