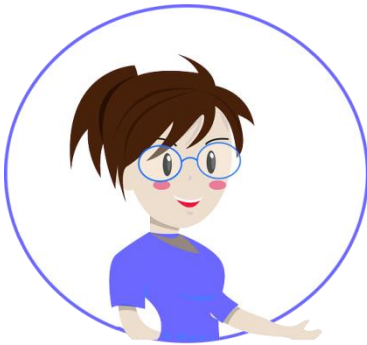


Coaching Skills for Supervisors

Aim

This workshop is for supervisors and team leaders, the main aim is to assist them with learning the language and behaviours of coaching. Coaching is a more collaborative form of leadership and is designed to get top performance and engagement from every team member.

What Others Had to Say About this Course...



I loved this workshop – it made so much sense to me! Especially the beliefs and behaviours module! ~ John – Magnavolt Trading

Who Should Attend this Course?

This course will benefit all Supervisors, Managers and Leaders whose job involves coaching and mentoring of junior staff.

Outcome

On completion of this workshop, the learner will be able to recognise the potential and work collaboratively with individuals, empowering them to work towards realising their strengths in a solution-based manner.

SAQA US ID	NQF LEVEL	CREDITS	US TITLE
252035	5	8	Select and coach first line managers

Duration: 2-Days

Content

Introduction and History of Coaching	<ul style="list-style-type: none"> • A brief history of what coaching is about
Definition(s) of Coaching	<ul style="list-style-type: none"> • A definition of the concept of coaching
The Value of Coaching	<ul style="list-style-type: none"> • Understanding why we want to coach and collaborate
Important Principles of Coaching	<ul style="list-style-type: none"> • Understanding the basic but important principles of coaching ensuring long term benefits
The Qualities of a Great Coach	<ul style="list-style-type: none"> • What makes a coach
Key Skills That Every Coach Need to Succeed	<ul style="list-style-type: none"> • Identifying and working with these skills
Creating the Coaching Relationship	<ul style="list-style-type: none"> • Coaching is not a quick fix – great relationships need to be built
Understanding Beliefs and Behaviours	<ul style="list-style-type: none"> • Once we hone the individual strengths, the team is able to perform
Identify Areas of Development in Your Team	<ul style="list-style-type: none"> • How to point out development areas and agree on the benchmarks
Choosing the Right Tool(s) for the Job	<ul style="list-style-type: none"> • As with any job, the right tools simply make it easier • Coaching models for technical and peer coaching • Gathering the right resources
Understand and Follow the Coaching Process	<ul style="list-style-type: none"> • Understanding the sustainability
Recognising and Rewarding Behaviour	<ul style="list-style-type: none"> • Engage with your team
Engaging Your Team Through Social Media	<ul style="list-style-type: none"> • What impact Social Media has on our lives today