



AIDS Awareness

Course Outline



Your business outcomes are our priority. Proving impact in real time.

Aim

The aim of this workshop is to inform the delegates about the HIV/AIDS illness, enabling them to recognise the stages and how they can identify any risk to themselves personally and/or use the knowledge to support a loved one and/or colleague. The workshop is presented in a non-invasive way with experienced facilitators. This training can be adapted to a half-day time slot as well.

About this Course...

To inform the delegates about the HIV/AIDS illness enabling them to recognise the stages and how they can identify any risk to themselves personally.

Who Should Attend this Course?

This course will benefit all staff.

Outcome

The delegate will leave the workshop empowered with the knowledge on how to deal with HIV/AIDS on both a personal and work level.

SAQA US ID	NQF LEVEL	CREDITS	US TITLE
13915	3	4	Demonstrate knowledge and understanding of HIV/AIDS in a workplace, and its effects on a business sub-sector, own organisation and a specific workplace

The unit standards above are an indication of the content of the workshop. Our workshop theories are designed to include the outcomes recommended by SAQA US IDs.

Duration: 1-Day

Content

Topic	Details
Looking at Ourselves	• Taking responsibility for our role in the spread of this disease, not only from a behaviour viewpoint but also from a belief view point
Understanding HIV/Aids	• How the disease operates
Signs and Symptoms of Aids	• What to look out for
Get Tested!	• The practicalities and why we benefit from knowing our status
Celebrities Who Have Been Tested and Let Us Know	• Forgetting the shame – if our role models can deal with it, so can we
How Does a Person Catch HIV/AIDS	• Practical understanding of how the disease is transmitted
Sexually Transmitted Diseases	• The role these play in the transmission of AIDS and their prevalence
Untrue Beliefs and Myths	• Busting the myths!
ABC Rule	• What this is and how to implement it
How to Prevent Catching HIV/AIDS	• Taking care of ourselves
Treatment	• Practicalities and realities
How to Live with HIV/AIDS	• This is possible – how to make it a reality
Great Cost to South Africa of the HIV/AIDS Epidemic	• A holistic view
Looking for Help	• What to do and how to access help

Optional Purchases

When ROI and Implementation Matter

At Staff Training, we understand that each individual and/or organisation has unique needs and goals. We have developed a range of valuable, but optional purchases to maximise your training outcomes:

SETA Accredited Training Options

Most of our workshops are aligned with SETA Accredited unit standards, or you can opt for the fully accredited version of your workshop choice. This includes a certificate of competence when successfully completed. All other certificates are certificates of attendance.

The Afterburner

Afterburners are additions to selected workshops. These continued learning courses include a re-cap of material covered during the workshop and continue to expand on both knowledge and skills development for the workplace.

Skills Check

Skills Checks are extremely useful in the measurement of ROI of soft skills training. This tool is structured to help the learner improve on the implementation of new skills through a goal-driven process of accountability and reflection.

LevelUp Coaching

A 2-hour, one-on-one coaching option for those who would like to address and build on the knowledge they gained during training. Converting theory into practice under the tutelage of an experienced coach.

PowerPath Coaching

A powerful investment into your future leaders. One-on-one leadership coaching with the globally acclaimed Enneagram as the self-mastery tool.

Staff Training is an accredited IEQ9 Provider. Our Enneagram offerings include a SETA Accredited version of a leadership development workshop as well as an emotional intelligence and Enneagram combination. You can also explore our specialist hybrid offerings of workshops and coaching below.

[Enneagram Group Coaching Journey](#)

[Enneagram: Insight to Action](#)