

AIDS Awareness (Half-Day)

Aim

The aim of this workshop is to inform the delegates about the HIV/AIDS illness, enabling them to recognise the stages and how they can identify any risk to themselves personally and/or use the knowledge to support a loved one and/or colleague. The workshop is presented in a non-invasive way with experienced facilitators.

About this Course...



To inform the delegates about the HIV/AIDS illness enabling them to recognise the stages and how they can identify any risk to themselves personally

Who Should Attend this Course?

This course will benefit all staff.

Outcome

The delegate will leave the workshop empowered with the knowledge on how to deal with HIV/AIDS on both a personal and professional level.

SAQA US ID	NQF LEVEL	CREDITS	US TITLE
13915	3	4	Demonstrate knowledge and understanding of HIV/AIDS in a workplace, and its effects on a business sub-sector, own organisation and a specific workplace

The unit standards above are an indication of the content of the workshop. Our workshop theories are designed to include the outcomes recommended by SAQA US IDs.

Duration: ½ Day

Content

Understanding HIV/Aids	<ul style="list-style-type: none"> • How the disease operates • Practical understanding of how the disease is transmitted
Signs and Symptoms of Aids	<ul style="list-style-type: none"> • What to look out for
Get Tested	<ul style="list-style-type: none"> • The practicalities and why we benefit from knowing our status • Forgetting the shame – if our role models can deal with it, so can we
Sexually Transmitted Diseases	<ul style="list-style-type: none"> • The role these play in the transmission of AIDS and their prevalence
Untrue Beliefs and Myths	<ul style="list-style-type: none"> • Busting the myths and stigma • Confidentiality and human rights in the workplace
ABC Rule	<ul style="list-style-type: none"> • The rule of thumb to prevent contracting HIV
Treatment	<ul style="list-style-type: none"> • Practicalities and realities • Supporting self and others • Living with HIV/AIDS and or a family member who has it
Looking for Help	<ul style="list-style-type: none"> • What to do and how to access help