

AIDS Awareness

Aim

The aim of this workshop is to inform the delegates about the HIV/AIDS illness enabling them to recognise the stages and how they can identify any risk to themselves personally and/or use the knowledge to support a loved one and/or colleague. The workshop is presented in a non-invasive way with experienced facilitators. This training can be adapted to a halfday time slot as well.

About this Course...



To inform the delegates about the HIV/AIDS illness enabling them to recognise the stages and how they can identify any risk to themselves personally

Who Should Attend this Course?

This course will benefit all staff.

Outcome

The delegate will leave the workshop empowered with the knowledge on how to deal with HIV/AIDS on both a personal and professional level.

SAQA US ID	NQF LEVEL	CREDITS	US TITLE
13915	3	4	Demonstrate knowledge and understanding of HIV/AIDS in a workplace, and its effects on a business sub-sector, own organisation and a specific workplace

Duration: 1-Day

Content

Looking at Ourselves	<ul style="list-style-type: none"> Taking responsibility for our role in the spread of this disease, not only from a behaviour view point but also from a belief view point
Understanding HIV/Aids	<ul style="list-style-type: none"> How the disease operates
Signs and Symptoms of Aids	<ul style="list-style-type: none"> What to look out for
Get Tested!	<ul style="list-style-type: none"> The practicalities and why we benefit from knowing our status
Celebrities Who Have Been Tested and Let Us Know	<ul style="list-style-type: none"> Forgetting the shame – if our role models can deal with it, so can we
How Does a Person Catch HIV/AIDS	<ul style="list-style-type: none"> Practical understanding of how the disease is transmitted
Sexually Transmitted Diseases	<ul style="list-style-type: none"> The role these play in the transmission of AIDS and their prevalence
Untrue Beliefs and Myths	<ul style="list-style-type: none"> Busting the myths!
ABC Rule	<ul style="list-style-type: none"> What this is and how to implement it
How to Prevent Catching HIV/AIDS	<ul style="list-style-type: none"> Taking care of ourselves
Treatment	<ul style="list-style-type: none"> Practicalities and realities
How to Live with HIV/AIDS	<ul style="list-style-type: none"> This is possible – how to make it a reality
Great Cost to South Africa of the HIV/AIDS Epidemic	<ul style="list-style-type: none"> A holistic view
Looking for Help	<ul style="list-style-type: none"> What to do and how to access help